**SCHEDULE AND AGENDA**

2) Course Two : Buddha’ Meditation Vipassana: Theory and Practice (Preference to East Asian Countries)

**Synopsis:** Most precious gift of Buddha to mankind is Vipassana meditation. The great Burmese master of Vipassana Sayagyi U Ba Khin and his principle pupil Mr S N Goenkaji spread the Vipassana Meditation around the world. Goenkaji established Vipassana research institute to do research on Buddha's words and Vipassana meditation. This course will put light on the work done by Vipassana research institute on Buddha's word and practice which will be of interest to Buddhist Monks and scholars.

**Dates:** 9th to 13th November (Monday to Friday)

**Schedule:** Five days course, every day three lectures, each lecture of one and half hours, with break of 15 minutes in between

**Timing**:10 am to 3 pm (Indian Time)

**Criteria :** Buddhist Monks and Buddhists scholars doing higher studies in Buddha's Teachings.

**Region:** East Asian Countries