

PROPOSAL

FOR ONLINE COURSE ON

HEALTH SYSTEM STRENGTHENING

UNDER

e-INTERNATIONAL PUBLIC HEALTH MANAGEMENT DEVELOPMENT PROGRAM



**Department of Community Medicine and School of Public Health,
Post Graduate Institute of Medical Education and Research (PGIMER), Chandigarh**

1. Preamble/justification

Strong health systems in any country are required so that people achieve access to good quality health care, and to maximize the existing resources for achieving sustainable improvements in health and for countries' economic growth. It provides a basis to support countries in scaling up health services, addressing bottlenecks in a collaborative, coordinated way, driven by desired health outcomes, to achieve sustainable development goals. To be most effective, this process must be country-led, based on priorities set out in comprehensive national health plans. Health systems frameworks envisaged by World Health Organization can serve many purposes, including: to describe the structure, organisation, functions and processes of a health system; to conceptualise actions to improve health system performance; or to coordinate and harmonise national and global health systems investment strategies, programme support and tools. Health system strengthening is also a means to progress our health care delivery system towards universal health coverage (UHC). The course will orient participants about the basic concepts of the healthcare delivery system, its functions and roles along with WHO health system frameworks.

2. Goals and Objective

Goal

The main goal of this course is understanding the various health system and improving access, quality and utilization of services, as well as, developing effective approaches for monitoring and evaluating the various levels of system in terms of inputs, processes, outputs and outcome indicators

Objectives

1. To build capacity of public health professionals with the functions and role of Health system and WHO building blocks
2. To illustrate with relevant context-specific case studies, how health system strengthening can improve the overall competitiveness within and outside the organizations.
3. To make participants understand Health system as one of the component in determinants of health

3. Core Faculty for the Course

| S. No. | Faculty | Designation | Institute |
|--------|-----------------------------|--|--|
| 1. | Dr. Sonu Goel | Professor | PGIMER, Chandigarh |
| 2. | Dr. Sanjiv Kumar | Professor and Former Head IIHMR, New Delhi | IIHMR, New Delhi |
| 3. | Dr. Sanjay Zodpey | Professor and Vice President – Academics | Public Health Foundation of India (PHFI), New Delhi |
| 4. | Dr. Chanderkant Lahariya | Former National Professional Officer | WHO, India office |
| 5. | Dr Atul Kotwal | Executive Director, National Health System Resource Centre | National Health System Resource Centre, India |

Other Course faculty

The course faculty shall be eminent healthcare management professionals and experts from various public and private healthcare organizations, health care program leaders from national and international agencies, faculty from Centres of Excellence in healthcare and management sector, and grass-root community health senior program managers involved in innovative healthcare initiatives.

4. Course duration

The total duration of course is **1 week (21/November/22- 25/ November/22)**

5. Course Curriculum and schedule

The course mainly focused on the areas of Health system strengthening

The Course schedule will be covered in total 5 days

Day 1- 4: Live / recorded lecture followed by assignment and discussion

Day 5: Action plan preparation and presentation and Live interaction with the course faculty



PROGRAM SCHEDULE
E-INTERNATIONAL PUBLIC HEALTH MANAGEMENT DEVELOPMENT PROGRAM



| Day & Date | Time | Topic of Presentation | Resource Persons | |
|------------|------------------|--|--------------------------|--|
| Day 1 | 01:30- 01:33 PM | Welcoming the Delegates | | |
| | 01:33- 01:35 PM | Lamp lighting Ceremony | | |
| | 01:35-01:45 PM | Introduction to E- IPHMDP and allotment and discussion of Action Plan format | | |
| | 01:45-02:00 PM | Pre test | | |
| | Lecture 1 | | | |
| | 02:00-02:45 PM | Understanding Health systems | Dr. Sonu Goel | |
| | 02:45-03:00 PM | MCQ | | |
| | 03:00-03:15 PM | Social media break | | |
| | 03:15-04:00 PM | e-Assignment | | |
| | 04:00-04:30 PM | Discussion | | |
| | 04:30-04:45 PM | Attendance and Feedback | | |
| Day 2 | Lecture 2 | | | |
| | 02:00-02:45 PM | Health system Frameworks | Dr. Chandrakant Lahariya | |
| | 02:45-03:00 PM | MCQ | | |
| | 03:00-03:15 PM | Social media break | | |
| | 03:15-04:00 PM | e-Assignment | | |
| | 04:00-04:30 PM | Discussion | | |
| Day 3 | Lecture 3 | | | |
| | 02:00-02:45 PM | Health system strengthening | Dr. Sanjay Zodpey | |
| | 02:45-03:00 PM | MCQ | | |
| | 03:00-03:15 PM | Social media break | | |
| | 03:15-04:00 PM | e-Assignment | | |
| | 04:00-04:30 PM | Discussion | | |
| Day 4 | Lecture 4 | | | |
| | 02:00-02:45 PM | UHC and SDGs in HSS | Dr. Atul Kotwal | |
| | 02:45-03:00 PM | MCQ | | |
| | 03:00-03:15 PM | Social media break | | |
| | 03:15-04:00 PM | e-Assignment and discussion | | |
| | 04:00-04:30 PM | Presentations of Action Plan-2 | | |
| Day 5 | Lecture 5 | | | |
| | 02:00-02:15 PM | Health system Governance | Dr. Sanjiv Kumar | |
| | 02:15-03:00 PM | MCQ | | |
| | 03:00-03:15 PM | Social media break | | |
| | 03:15-04:00 PM | Presentations of Action Plan-2 | | |
| | 04:00-04:30 PM | Attendance and Feedback | | |
| | 04:30-04:45 PM | Post test | | |

6. Course Teaching & Delivery Methodology

- The course will be hosted and delivered online by Department of Community Medicine & School of Public Health, PGIMER.
- Live sessions and discussion
- Teaching Methodology: Multi-pronged adult learning pedagogy, video lectures, reading material, Quiz
- IPHMDP contest

7. Course Fee

As per the ITEC rules

8. Registration

It will be done online through the google link provided.

9. Seats for the said course

100 participants

10. Target audience

Essential Qualification- Graduates and above

Desirable Qualification- Working in health care program/ projects.

This course will target public health professionals, students, implementers, academicians, social workers and people from other backgrounds who want to contribute towards public health.

11. Age Limit

No upper age limit for the said course.

12. Course Outcome

Benefit to the Participants

- Develop the understanding of Health system as one of the component in determinants of health
- Develop in-depth understanding of WHO building blocks in attaining Universal Health Coverage

Benefits to Organization

1. Overall increased performance and productivity of organizations in attaining top ranked position.

13. Course Certification

A certificate of successful completion of course will be awarded at the end of the course.

14. Prior experience of conducting the program

Department of Community Medicine & School of Public Health, Post Graduate Institute of Medical Education and Research, India has been conducting a 5 to 10 day “**International Public Health Management Development Program**” (IPHMDP). The program will impart the skills required to effectively manage the existing and emerging public health challenges and in-turn enhance the capacity of the public health managerial workforce. Till now we have conducted seven physical programs in **May 2016, December, 2016, February 2017, December 2017, March 2018 ,March 2019 and 8 online E ITEC courses in last 2 years** These program is entirely on **No- Profit Basis** and **first of its kind in the country** being conducted in government set-up in order to enhance management competencies which are absolutely essential for a good manager for improving the performance and productivity of organizations. The institute has been conducting several capacity building programs from last many years for national and international participants in collaboration with lead institutes and organizations (**Annexure-1, 2 and 3**).

During COVID times, we conducted series of 3 online courses on ‘Managing COVID 19 pandemic-Experiences and Best Practices of India’, which was highly appreciated. Besides, we were able to continue 8th and 9th IPHMDP and 3 online weekly courses (Communication in Public Health, Health System strengthening, Quality Management) supported by Ministry of External Affairs which has received huge response in terms of applications from ITEC countries. We have been receiving letters from various embassies from ITEC nations to conduct on-site courses in their countries as well.

Annexure '1'

Prior Experience of Program Director

Dr. Sonu Goel, Program Director of International Public Health Management Development Program is a medical doctor and specializes in PUBLIC HEALTH. He had done his MBBS and Post-graduation in public health from Indira Gandhi Medical College, Shimla. He is currently Professor in Department of Community Medicine and School of Public Health. He has over 20 years of rich experience in the field. He has written around 100 papers in national and international journals and authored 2 books-one of which by Elsevier's- „Hospital Administration-a problem solving approach“ is among the hot-selling books in India. Besides this, he had authored over 35 chapters in several books. He received fellowships of three prestigious associations (Indian Public Health Association, Indian Association of Preventive and Social Medicine, and International Medical Science Association) and MNAMS, which is very unusual for a young faculty of his age. He is also an alumnus of John Hopkins School of Public Health, Baltimore, US and Maastricht University, The Netherlands. He is Adjunct Clinical Associate Professor, Public Health Master's Program, School of Medicine, University of Limerick, Ireland, and Honorary Professor, Faculty of Human and Health Sciences, Swansea University, United Kingdom. He is Director at e-Resource Centre for Tobacco Control, e-Learning for Public Health

Dr. Goel has a vast experience of teaching public health management and has been actively involved in designing and implementation various courses for last 7 years. He had attended 4 UNION IMDPs viz. CML, PM, BFM, and MOM between years 2009 till 2011. Additionally, he had also participated in many technical courses including Operational Research course. Currently, he is supporting UNION's technical courses and SORT-IT (South Asia Operational Research course) as external resource person for the last 4 years. He has a vivid experience of conducting trainings in liaison with various international and national organisation and agencies. He conceived a new model namely „**PGIMER-The Union OR model**“ in 2014. He has a rich academic background in Public health management and is the reviewer of many journals of repute including WHO Bulletin, International Journal of Tuberculosis and Lung Disease; Public Health Action; Indian Journal of Public Health; Indian Journal of Community Medicine among many. He is member of many national and international scientific bodies. At this young age, he had completed more than 30 projects independently with almost 10 national and international organizations.

Annexure ‘2’

Organizational Capacity

PGIMER, Chandigarh:

The Postgraduate Institute of Medical Education and Research (PGIMER) is based in Chandigarh and was established in 1962 by then Prime Minister of India, Pt. Jawahar Lal Nehru. It was declared as an “Institute of National Importance” by an Act of Parliament of India on 1st April 1967 and is currently an autonomous body functioning directly under the Ministry of Health and Family Welfare, Government of India. PGIMER has almost all specialities and super-specialities departments. PGIMER has completed over 1000 research projects and more than 500 research articles are published every year in national and international indexed journals.

The Department of Community Medicine was instituted in 1977 with the purpose of developing effective models of health service delivery for rural communities and for providing community health orientation to public health professionals. To address emerging challenges in public health education and research, the Department was upgraded to School of Public Health (SPH) in the Tenth Five Year Plan of India (2002-06). It has a WHO supported Learning Resource Centre within the premises. SPH also offers regular PhD, MD, Post Graduate Diploma in Public Health Management (PGDPHM), and Master of Public Health (MPH), along with various short-term courses in areas of epidemiology, health management, health promotion, communicable and non-communicable diseases. SPH is also involved in several research projects in collaboration with national and international organizations and state governments. Each year nearly 45 training programs are conducted with an average attendance of 30 participants per course. Department also works in coordination with several leading national and international agencies such as DBT, ICMR, WHO, UNICEF, UNFPA, DFID, MOH&FW, and MOE&F that financially support research and training projects covering most public health areas

Annexure-‘3’

Executive Summary of last online Health System strengthening course

Achieving universal health coverage by 2030 requires positioning qualified and skilled public health professionals, especially from developing countries and continents (India and other developing nations alike), who can plan, implement and monitor national health programmes and public health initiatives in order to improve performance of health care delivery system. Further, it is documented that Sustainable Development Goals (SDG) cannot be achieved without addressing availability and distribution of trained public health management officials. The available literature has cited that health initiatives in developing countries often fail because of lack of managerial competence.

In this context, an **International Public Health Management Development Program (IPHMDP)** was conceptualized in 2016 by School of Public Health and Department of Community Medicine which aims at enhancing the skills and competencies of middle and senior level program managers for strengthening efficiency of organizations in resource limited settings. In this well-ordered series, a five day **12th IPHMDP** was organized by Department of Community Medicine and School of Public Health, PGIMER, Chandigarh from 8th-12th October 2021. The program was fully sponsored by Ministry of External Affairs, Government of India under Indian Technical and Economic Cooperation (ITEC) Scheme. In this program, a total of 61 participants from 29 countries namely Jordan, Kenya, St. Kitts and Nevis, Sri Lanka, Morocco, Maldives, Myanmar, Mozambique, Mauritius, Nepal, Palestine, Vietnam, St. Vincent & Grenadines, Tunisia, Thailand, Kingdom Of Eswatini (Formerly Swaziland), Suriname, Somalia, Azerbaijan, Nicaragua, Trinidad, Bangladesh, Peru, Egypt, Philippines, South Sudan, Seychelles, Bahrain, Iran participated.

The current program is “**first of its kind**” public health management program in the country which endeavours to boost skills and competencies of public health professional for addressing local public health challenges and increase competency of organizations. The modules covered during this comprehensive program were specifically targeted to improve the health system strengthening related concepts and skills in the participants in order to enable them to apply this knowledge in their respective settings.

In order to ensure the application of learning during the program, every participant has submitted an ‘**Action Plan**’ after completion of the program, in which they prioritised the areas (from the program) of implementation in their respective organization. The **key highlights** of the program were; its design which focused on learning through a mix of traditional formal learning methods (lecture, power point presentations, case studies) and informal learning methods (role plays, exercises, real case scenarios, management games and videos); its concept wherein focus was on application based learning in which the participants prepared an action plan during the program for their organization (to be implemented within 3 months); and facilitation by an elite panel of experts and facilitators from lead academic and management institutes of the country.

‘**IPHMDP Contests**’ was also organized during the program wherein various awards pertaining

to different activities viz., most active social media participant, most participatory participant, best selfie and tag line, best logo representing the program, voracious reader, best cultural performer and best logo were honoured during the ‘valedictory ceremony’ of the program. The active participation by delegates was ensured by presentation of the reflection of key concepts/ teaching of previous day, participation in IPHMDP contest, management games/ energisers in between the sessions.

Beside academics, we provided a platform for ‘**cross-cultural learning**’ through hosting a virtual cultural event, where participants got a chance to represent their cultural ethos. Participants interacted informally with each other which actually helped in peer learning and developing network for future endeavours. Every day, few participants were also given opportunity to present daily recap of the event on preceding day. We also ensured to provide best resource material to participants, which will help them to design similar program in their country. All the activities during the program were actively uploaded on the IPHMDP Facebook page and Twitter page with appropriate hash tags social media (eg. #ITECNetwork, #MEA_INDIA #MOHFW_INDIA, #IPHMDP #PGIMER etc). A parallel e- mail account and whatsapp group was also maintained by the organizers to keep the participants updated (on daily basis) and to provide them assistance during the program.

During the program, the participants appreciated the overall quality of training along with the mixed teaching methodology. They felt that it was a wonderful experience with a blend of learning, through various teaching methods which they can apply in their organization. They revealed that the program was well planned, organized, managed and full of knowledge which can be truly implemented in their settings and across different organizations. They expressed their willingness to scale up the program in their respective organizations and countries.