

**02<sup>nd</sup> Online Training course on Building Nursing & Midwifery Leadership for achieving Universal Health Coverage (UHC) and Sustainable Development Goals (SDG)**

**22<sup>nd</sup> to 24<sup>th</sup> March 2023**

**Duration: Three working Days (Wednesday to Friday)**

**COURSE COORDINATING TEAM**

<b>Coordinator:</b>	<b>Dr. Monika Saini</b>
<b>Co-Coordinator:</b>	<b>Prof. Meerambika Mahapatro Dr. Vandana Bhattacharya</b>
<b>Course Associate:</b>	<b>Dr. Athira K R</b>



**The National Institute of Health and Family Welfare  
In collaboration with MEA - eITEC  
Munirka, New Delhi - 110067**

## **INTRODUCTION**

The World Health Organization (WHO) launched the 2020 Year of the Nurse and the Midwife campaign to celebrate the world's 22 million nurses and 2 million midwives who make up half of the global health workforce. The year 2020 was dedicated to showcase the critical contribution of nurses and midwives to health care. Along with WHO, International Council of Nurses (ICN), International Confederation of Midwives, Nursing Now, and the United Nations Population Fund have partnered in running the campaign. The goal is to raise the profile and status of the nurses and midwives worldwide.

Comprising over 50% of the world's health workforce, nurses and midwives are the backbone of health care services, and they work at all levels of health care – from primary health care services within communities through to the most specialized levels of hospital care. The year 2020 emphasized to advocate for greater investment in the key areas for including employing more specialist nurses, making midwives and nurses central to primary health care, and supporting them in disease prevention.

This challenge, aims to work with health-care employers worldwide, who between them will enable 20,000 young nurses and midwives to join leadership and development programmes and build their skills as practitioners, advocates and influential leaders in healthcare. It is aimed that building global leadership of this most important workforce will be crucially important to achieve the objective of sustainable development goals and universal health coverage by 2030.

In order to prepare our nurses as global leaders, NIHFV makes an endeavor to organize an Online Training course on “Building Nursing Leadership for achieving UHC/ SDG (22nd to 24th March 2023) with an aim to build leadership competencies of Nursing professionals and build their skills as practitioners, advocates and influential leaders in healthcare so that they become proactive in successful implementation of new health reforms.

## **GENERAL OBJECTIVE**

To enhance the leadership competencies among Nursing and Midwifery Professionals and develop them as practitioners, advocates and influential leaders in healthcare.

### **SPECIFIC OBJECTIVES**

At the end of the training course, the participants will be able:

- To identify the challenges of Nursing and Midwifery professionals in the context of their roles and responsibilities
- To enhance the Leadership competencies among Nursing and Midwifery professionals to move beyond their current level of achievement.
- To develop strategies for becoming a change agent for successful implementation of health sector reforms.
- To describe an action plan for developing and applying the Leadership Skills for maximizing the potential of the available human power in the health sector.

### **BROAD CONTENT AREAS**

- ✓ Nightingale Challenge 2020
- ✓ Importance of Leadership in Nursing and Midwifery
- ✓ Leadership for UHC and SDG
- ✓ Developing Self-Awareness and Building Emotional Intelligence
- ✓ Developing Leadership styles and skills
- ✓ Transactional analysis for identifying Managerial Styles
- ✓ Motivation for action and building positive work Culture
- ✓ Building partnership, Collaboration and Resource Mobilization
- ✓ Becoming a change agent for promoting Nursing and Midwifery
- ✓ Gender and Organizational Perspective in Nursing and Midwifery
- ✓ Managing Stress and Burnout at Workplace

### **Course Methodology**

Though the training course would be conducted on virtual platform through following methods, efforts will be made to involve the participants in discussion and make two way communication:

- Presentations by Leading Experts
- Panel Discussion
- Participant Presentations

### **Nature of Participants**

Following participants from all ITEC partner countries may participate in the training course:

- Middle to senior level Nursing health care professionals both from Central and State Health Service Institutions
- Middle to senior level Nursing and Midwifery Administrators from both Govt. and Premier Private Hospitals & Nursing Colleges and other analogous organizations.

### **Duration and Dates of the Course**

- Duration: Three Days
- Proposed Tentative Dates: 22nd to 24th March 2023

### **Proposed Maximum Seats: 50 (Fifty) Seats**

### **Remarks:**

### **Mode of Evaluation of Performance of the Participants:**

Both the Pre and Post Evaluation will be carried out Online by sending the e-Form to the participants in advance.

**Budget:** For Preparation and Printing of Documentation and for the payment of honorarium to external resource Faculty, approximate budget of Rs.50, 000 /- may be required. Detailed tentative budget is given below:

S. No.	Expenditure	Amount
1	Honorarium to the Resource Speakers (@ of Rs. 3,000/- to ten Speakers)	30,000/-
2	Stationery	5,000/-
3	Printing, Xerox and Report Writing	5,000/-
4	Infrastructure	5,000/-
5	Institutional Charges	5,000/-
	Total	50,000/-

### **Training Course Outcome:**

To enhance the leadership competencies of **Nursing and Midwifery** and build their skills as **practitioners, advocates and influential leaders in healthcare** for bringing about systemic changes.

### **Sessional Outline**

<b>DATE/DAY</b>	<b>TIME (IN IST)</b>	<b>SESSIONS</b>
<b>Day 1 22<sup>nd</sup> March 2023 (Wednesday)</b>	<b>9:30-10:30 AM</b>	<b>INAUGURATION &amp; INTRODUCTION TO THE COURSE AND PARTICIPANTS</b>
	<b>10:30- 11:45 AM</b>	Leadership Opportunities for Nurses & Midwives: Carrying Forward the Mandate of the Nightingale Challenge
	<b>11:45-12:00 PM</b>	<b>BREAK</b>
	<b>12:00-01.15 PM</b>	Global Initiatives for promoting Nursing & Midwifery Leadership
	<b>1.15 – 2.15 PM</b>	<b>LUNCH BREAK</b>
	<b>2.15- 3.45 PM</b>	Developing Leadership skills and styles of Nursing and Midwifery Professionals
<b>Day 2 23<sup>rd</sup> March 2022 (Thursday)</b>	<b>9:40 TO 10.00 AM</b>	<b>RE-CAP OF DAY I</b>
	<b>10:00 to 11:15 AM</b>	Enhancing Emotional Intelligence for Leadership Development
	<b>11.15- 11.30 AM</b>	<b>BREAK</b>
	<b>11.30 to 12:45 PM</b>	Different Motivation Skills for Enhancing the Capacities of Nursing Professionals
	<b>12.45- 2.00 PM</b>	<b>LUNCH BREAK</b>
	<b>2.00 to 3.15 PM</b>	Nurses and Midwives as Leaders- A Gender and an Organizational Perspective
	<b>3:15 to 4:30 PM</b>	Managing Stress and Burnout prevention for effective Nursing and Midwifery Leadership
<b>Day 3 24<sup>th</sup> March 2022 (Friday)</b>	<b>9:40-10.00 AM</b>	<b>RE-CAP OF DAY 2</b>
	<b>10:00 to 11:15 AM</b>	Building partnership, Collaboration and Resource Mobilization
	<b>11.15- 11.30 AM</b>	<b>BREAK</b>
	<b>11.30- 12:45 PM</b>	Building Nursing and Midwifery Leadership in the context of UHCand SDG
	<b>12.45- 2.00 PM</b>	<b>LUNCH BREAK</b>
	<b>2.00-3.15 PM</b>	Becoming a change Agent for successful Implementation of Health Sector Reforms
	<b>3:15-3:45 PM</b>	Action Plan by Participants
	<b>3.45- 4.30 PM</b>	<b>FEEDBACK AND VALEDICTORY</b>

Resource Persons: Experienced Faculty Members from various departments of NIHFw and

reputed institutions will deliver the training course content. In addition to it, Inaugural and Valedictory sessions will have the presence of government officials from MoHFW and media agency of DPA-II division from Ministry of External Affairs.



# Strengthening Nursing and Midwifery to Achieve Health for All

## About the Institute

The National Institute of Health and Family Welfare is a premier autonomous Institute, funded by the Ministry of Health and Family Welfare, Government of India. It has kept pace with the new thinking and substantially contributed to the health manpower development in the country. NIHFV serves as an apex 'technical institute' as well as a 'think tank' to promote national health and family welfare programs in the country through education and training, research and evaluation, consultancy and advisory services, specialized projects, etc.



## Course Coordinating Team

### Coordinator

**Dr. Monika Saini**

### Co-Coordinators

**Prof. M. Mahapatro**

**Dr. Vandana Bhattacharya**

### Course Associate

**Dr. Athira K R**

Nurses and midwives **provide essential health services** and are key to achieve health for all.



#SupportNursesAndMidwives



## Training Course on

## Building Nursing & Midwifery Leadership for Achieving UHC/SDG 22-24 MARCH, 2023



आरोग्यम् सुखसम्पदा

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# Introduction

Nurses and midwives representing the largest section of healthcare workforce are the important drivers of any healthcare system. By virtue of its proportion and potential, the nursing and midwifery profession has the unique ability to provide effective care across the broad continuum of healthcare. In order to ensure that nurses and midwives can practice to their full extent of potential, it is essential to provide them with the opportunities for building and adopting leadership positions in healthcare system. The World Health Organization (WHO) in collaboration with the International Council of Nursing, announced year 2020 as the 'International Year of the Nurse and the Midwife' and launched the Nightingale Challenge 2020 as a celebration to mark 2020 Year of the Nurse and the Midwife. This challenge aimed to work with healthcare employers worldwide who will enable 20,000 young nurses and midwives to join leadership and development programmes and build their skills as practitioners, advocates and influential leaders in healthcare. It is aimed that building global leadership of this most important workforce will be crucially important to achieve the objective of universal health coverage by 2030.

## General Objective

To enhance the leadership competencies among Nursing and Midwifery Professionals and develop them as practitioners, advocates and influential leaders in healthcare.

## Specific Objectives

At the end of the training course, the participants should be able:

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## Content Areas

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